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Ways to give back during the holidays

Today is Giving Tuesday, a global movement created in 2012 to encourage people to do good. If you are searching for ideas on how to give back today, or any day, here are a few suggestions.

Set up a holiday food drive or participate in one
Help those in need in your community by starting or taking part in a food drive for your local food bank. Nymeo is hosting two virtual drives: one in Montgomery County through MANNA and in Frederick County through the Maryland Food Bank. Consider donating!

Donate virtually to the

MANNA Food Center

Donate virtually to the

Maryland Food Bank

Volunteer in your community
Helping people in need during the holiday season is priceless. There are many places that need help such as senior centers, homeless shelters, animal shelters, food banks, and more.

Participate in an Angel Tree or Adopt-A-Family Program
Aside from donating to food banks, you can also donate toward a program that helps with holiday purchases for families in need. Many churches, schools, and local nonprofits often will host programs to defray the cost of gifts and holiday food items for those in need.

Donate to a nonprofit or charity directly
A simple way to give back is by making a monetary donation directly to a charity of your choice. Often, nonprofits rely on private donations to run important programs throughout the year. Research the nonprofits that matter the most to you and offer a monetary donation. You may even be able to direct the donation to a specific need or program.

By giving back today, or at any point during this season or year, you offer hope for those who need it most.

For a preview of upcoming topics or to review previous Tutorial Tuesday topics visit https://www.nymeo.org/tutorial-tuesdays.

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