



## Redesign Your Financial Habits

Do you ever wonder why we feel compelled to purchase things when we know we don't need them? GreenPath Financial Wellness, a partner of Nymeo, has created new online classes to help members save money and budget expenses.

Often, we create spending plans with the right motivation and knowledge to execute on it, BUT there's something else at play. Habits. They take a bit of thought to change or implement.

This course is free for Nymeo members, but you must register. For an explanation about this course, watch the video below, featuring GreenPath's Education Specialist, Alexandra.



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[Register for this class](#)

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